



**Video 2: Video Key Points Scavenger Hunt**

1. What is technique?

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2. Why do we warmup as part of our technique study in a practice session?

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3. Name three examples of possible technique exercises?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

4. Can you think of any other technique activities, specific to your instrument, that the video may not have mentioned?

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5. Why do you think the video speaker emphasized the importance of practicing your technique exercises with a metronome?

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6. If you are using a metronome but are having trouble working on a specific technique, what should you do?

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7. When do you know that you can play an exercise even faster than you are now?

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8. What is a great way to make practicing technique more fun?

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9. What are the three parts of every practice session?

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10. About how much of your total practice time each day should be devoted to warmup and technique?

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## Video 2: Assessment Video Key Points Scavenger Hunt

1. What is technique?  
*Technique is the exercises and activities you complete to increase your physical training to have the capacity to perform.*
2. Why do we warm-up as part of our technique study in a practice session?  
*It physically prepares our body and warms up our muscles because playing music is a physical activity. Effective warm-up is a secret to a successful practice session.*
3. Name three examples of possible technique exercises?
  1. Warm-ups
  2. Scales
  3. Rhythmic activities
  4. Articulation activities
  5. Dynamics
4. Can you think of any other technique activities, specific to your instrument, that the video may not have mentioned? *Tonguing, Long tones, Etc... Teacher goes over with students in class*
5. Why do you think the video speaker emphasized the importance of practicing your technique exercises with a metronome? *Metronomes help develop control*
6. If you are using a metronome but are having trouble working on a specific technique, what should you do? *If you are making mistakes, you are probably going past your speed limit. Slow down the metronome and first play it at a comfortable tempo where you are not making any mistakes.*
7. When do you know that you can play an exercise even faster than you are now?  
*When you can play it at a slower tempo perfectly, just about every time.*
8. What is a great way to make practicing technique more fun?  
*Incorporate different styles and rhythms into what you are practicing.*
9. What are the three parts of every practice session?  
*Technique (Warm-up and Exercises), Repertoire (Songs), Play (Improvise)*
10. About how much of your total practice time each day should be devoted to warm-up and technique? *1/4 to 1/3*